

CERTIFICATE OF PARTICIPATION

This is to certify that

Glynis Duncan

Has successfully participated & completed the

8km Shift Wellness - Winter Wellness Trail Series

held at Walter Sisulu Garden.

TIME 01:34:51

PACE 11:51/km

OVERALL 31 of 47

GENDER 12 of 25

60 - 69 1 of 2

21 July 2019, Sun

Date



BoutTime

Signature

